



DC Player Development Academy Program Overview 2018-2019 Season



The information below summarizes the DC Player Development Academy (DCPDA) participation in the program for the 2018-2019 year.

History, Mission and Philosophy

Created in 2007 in SW Washington, D.C., the DC Player Development Academy (DCPDA) was founded by Whitney Minnis (USL ex-professional player) and D.C. native to provide a platform where players of any ability and socioeconomic status could participate in the game of soccer and through their own self-discovery participate in the game in a way that will allow him or her to fulfill a life-time love and experience in the game. Mr. Minnis is a graduate of the University of the District of Columbia where he was a full-scholarship student athlete. Through his collegiate days and into his professional career in the USL Mr. Minnis enjoyed the experience of coaching and developing young players to achieve their “personal best.” Our original recreational partner and still to this day is Sports On the Hill (aka Soccer On The Hill). Mr. Minnis spent many hours and years volunteering and developing SOTH soccer and its players. As the reputation of the DCPDA program and Mr. Minnis’ teachings began to grow, so did the interest in forming what would soon be the third travel club in Washington, D.C.....Capital Futbol Club.

By 2010, Capital Futbol Club was the third travel soccer club in Washington, D.C. and Mr. Minnis was its founding Technical Director. In the course of its founding (2010-2013) Mr. Minnis received zero dollars in compensation as Technical Director in an effort to grow the club and soccer in Washington, D.C. In 2010, CFC began with 3 teams. By 2016 at the time of Mr. Minnis’ resignation from the club, CFC was at 26 teams and nearly 260 players. Mr. Minnis remained at the club for one more year (until May 2017) with the founding CFC team “Cosmos” where he completed his mission of dedication to the boys to seeing the original group graduate and land on to collegiate programs. At the time of his departure from the then u18 boys 87% landed on to a collegiate roster from Div 1 - Div 3 (national average of 4% land on to a collegiate roster). Two players landed onto European academy programs. A record unmatched to this day by any D.C. youth program where the majority participants are D.C. residents.

In Mid 2017 Mr. Minnis renewed the original vision and mission of DCPDA with the creation of the competitive program and founding DCPDA “Liberty” u19 Boys team. The team accepts players from Washington, D.C., Maryland and Virginia. This team competed in the top levels of soccer in the 2017-2018 seasonal year in the EDP 1st Division and the Region 1 Elite Divisions. DCPDA’s schedule often included top #25 nationally ranked opponents. Although the results did not show up on the scoreboard as much, the inaugural DCPDA u19 competitive team completed the 2017-2018 with 100% of the seniors (twelve (12) getting offers to play collegiate soccer at the Div 1, 3, and Jr. College levels). This very statistic is nearly unheard of in youth soccer, but continues a 2nd consecutive year of DCPDA attaining results for its student athletes who want to continue the game at the collegiate level. In addition, through Mr. Minnis international connections DCPDA signed probably the most significant long-term agreement in area youth soccer in its partnership with storied Celtic Football Club (Glasgow, Scotland, founded 1888). This partnership with Celtic Football Club (Glasgow) aligns philosophies of player and human development through the sport of soccer. “Celtic Football Club played an



important part in 2017 and 2018 in our ability to provide an extra dimension of development for our players and coaches", says Mr. Minnis. Our players learned first hand what it is like to train under a top professional club's youth academy coaches. In addition, there are many other benefits the Celtic partnership provides (including exclusive to DCPDA invitation to the Elite Player Camp, Annual Coach's Convention in Glasgow, etc.) which can not compare to anything in the youth soccer and what DCPDA can now deliver to its players and families.

The 2017-2018 year began DCPDA's entry into the competitive side of soccer through participation in the Eastern Development Program (EDP) www.edpsoccer.com and Region 1 League www.region1.com. In addition to the unique partnership experience offered through the Celtic Partnership, DCPDA provides additional training, play and competition opportunities through its relationship with Revolution Global Soccer.

DCPDA (DC Player Development Academy) has a history of competing in the top events and has competed in the following events over the past several years including: Surf Cup (California), Disney Showcase Qualifier (Florida), EDP Cup #1 tournament in the country (NJ), EDP Open Cup, Dallas Sport Source Showcase (TX), Annandale Premier Cup (Annandale, VA), Region 1 (ERL) - Elite Tournament (DE), Super Y Finals (back to back league finalist) (FL), and others.

Our core coaches are ALL nationally licensed coaches (USSF, A, B and C are the top licenses) former professional players or professional staff coaches.

Our 2017 teams will play under the DCPDA "Phoenix" banner and will be formed by birth year:

- u13- boys (2006s and 2007s) - Phoenix '06 - Coach Michael Elfman (MD ODP, USSF "B")
- u15 -boys (2004s and 2005s) - Phoenix '04 - Coach Michael Elfman (MD ODP, USSF "B")
- u17 - boys (2002 and 2003s) - Phoenix '02 - Coach Whitney Minnis (T.D., USSF "B")
- u19- boys (2000s, 2001s) - Phoenix '00 - Whitney Minnis (T.D., USSF "B")

Visit the Eastern Development Program (www.edpsoccer.com) and Region 1 (www.region1.com) to learn more about those leagues.

You may forward our information to prospective players who may be of the level or who are seeking a trial.

FAQ

What you find new in the program for the 2018-2019 Season:

- 1) A clear pathway to the College and Professional level

How many teams will you host in each age group?

For the 2018-2019 season DCPDA will host one boys team in the following age group. We will not host a girls team this year.



u13- boys (2006s and 2007s) - Phoenix '06
u15 -boys (2004s and 2005s) - Phoenix '04
u17 - boys (2002 and 2003s) - Phoenix '02
u19- boys (2000s, 2001s) - Phoenix '00
U20 - men's team (1998s) with 4 under 24- Internationals

Why will you not host more teams?

The short answer is that it is simply a quality over quantity issue. DCPDA believes in giving quality time and attention to its players and families. This is a near impossible tasks with multiage group teams. We have heard of clubs merging and forming 30 or more teams and mega clubs of 5,000 - 10,000 players but in the long run players and families seeking a quality product will seek us out. For example, we know from first hand experience where we managed a bottom NCSL division (6) team, worked with them for years, so season by season they improved and rose a division to eventually (Spring 2018) they were able to compete at the Elite Division of Region 1 and EDP Division 1 (top EDP Division) and earn college scholarships and venture to European Academies.. On average our top players will stay with us 5-8 years. This also compares to how quality soccer is developed in the rest of the world. This is further reflected in our ability to place players at top ODP, collegiate, USSDA programs and a high level European Club such as Celtic Football Club. Here for example is the Celtic Academy youth teams link... <http://www.celticfc.net/team/academy>

What is the Eastern Development Program (EDP) League?

The Eastern Development Program (EDP) is a coed competitive soccer league hosting boys and girls divisions throughout the mid-atlantic region. EDP hosts a Southern Division of which DCPDA is a member. Within the EDP league there are multiple levels of competition appropriate for various levels of ability from challenge to elite.

Which Clubs compete in the EDP and Region 1? D

DCPDA will be an all-in, club in EDP in the FALL 2018-2019 seasonal year. Meaning ALL of our teams will compete in EDP. DCPDA is the ONLY all-in-club in Washington, D.C. to enter EDP in the 2018-2019 season. DCPDA believes maintaining this standard will allow us to keep the high standards we have of our coaches, and what college programs would expect to see. There are other clubs in Washington, DC who will put in a team or two but DCPDA believes in a promoting a high standard.

When does the season run?

Each Age group has a different focus and the seasons (competition, practices, etc) run according to the age group focus. During the fall the high school season (Aug-Oct), DCPDA uses a reduced schedule. See your age group table for more information.

What is your track record of getting kids on to collegiate programs?

DCPDA has a track record well above the national average in placing kids on to collegiate athletic programs at all divisions of soccer (D1, D2, D3 and Junior College). A major focus of our program is to teach student athletes and families to optimize the gifts and talents to earn scholarships. Our players this year earned roster spots, athletic and academic scholarships on



local programs such as Howard University (D1), American University (D1), Jr. College spots on to Northern VA CC, Frederick CC, Prince Georges County CC, Others earned spots at Coker (D2) and D3 programs Lycoming and Curry College.

What is the focus of each age group?

| Age Group | Focus | Training | Competiton * | Coaching |
|-----------------------|--|---|---|---|
| u13 ('06 -'07) | <p>Development of the athlete, technical development, multi-sports OK,</p> <p>We are looking for players and families with a "GROWTH" mindset, good work ethic, desire to improve and above all, ove of the game.</p> <p>Carol Dweck has written and spoken extensively on "The Growth Mindset"</p> <p>https://www.youtube.com/watch?v=hiiEeMN7vbQ</p> | <p>3 x per week Fall and Spring, reduced summer and winter,</p> | <p>EDP or tournament focus.</p> <p>A DCPDA International Partnership exclusive:</p> <p>International Trip Scotland 2019 @ Celtic Park - Spring 2019</p> <p>Feb 2019 Our hosted tournament: 2nd annual Capital Winter Showcase (Washington DC)</p> <p>Spring Break 2019 DCPDA "20" in Scotland @ Celtic Park, Glasgow</p> | <p>Head Coach, Michael Elfman</p> <p>Assistant Coach, Whitney Minnis,</p> |



| Age Group | Focus | Training | Competiton * | Coaching |
|----------------------|--|--|--|--|
| u15 ('04-05) | <p>Begin competition phase, Multi sports OK. DCPDA practice must be attended. In certain situations players may train out of their age group on a case by case basis.</p> <p>Carol Dweck has written and spoken extensively on "The Growth Mindset"</p> <p>https://www.youtube.com/watch?v=hiiEeMN7vbQ</p> | <p>Summer Development 2-3 x per week & S&Q development, light Fall due to high school: 1 x bi-weekly, pick up heavy after high school 3 times per week minimum, November/ December showcase, Spring EDP league 1, Region 1, Showcases. Peak season is SPRING</p> | <p>EDP League, Region1 league, Showcase tournaments, MD State Cup</p> <p>-</p> <p>- Spring Break in Scotland 2019-</p> <p>- DCPDA "20"</p> <p>Feb 2019 Our hosted tournament: 2nd annual Capital Winter Showcase (Washington DC)</p> | <p>Head Coach, Michael Elfman</p> <p>Asst Coach, Whitney Minnis</p> |
| u17 ('02-'03) | <p>Competition phase. Soccer focus very important. Multi-sport less encouraged/ managed (Sophomores/ Juniors</p> <p>Carol Dweck has written and spoken extensively on "The Growth Mindset"</p> <p>https://www.youtube.com/watch?v=hiiEeMN7vbQ</p> | <p>Summer Development 2-3 x per week & S&Q development, light Fall due to high school: 1 x bi-weekly, pick up heavy after high school 3 times per week minimum, November/ December showcase, Spring EDP league 1, Region 1, Showcases. Peak season is SPRING</p> | <p>July (NY Cup) Aug (Annandale Premier Cup) Sept (Disney Qualifier)</p> <p>Nov- EDP Fall Showcase</p> <p>December: Dallas Showcase or Disney??</p> <p>Feb 2019 Our hosted tournament: 2nd annual Capital Winter Showcase (Washington DC)</p> <p>- Spring Break in Scotland 2019 DCPDA "20"</p> | <p>Head Coach, Whitney Minnis</p> <p>Assistant Coach, Michael Elfman</p> |



| Age Group | Focus | Training | Competiton * | Coaching |
|----------------------|--|--|--|--|
| u19 ('00-'01) | <p>Competition phase. Soccer focus very important. Multi-sport less encouraged/managed (Juniors and Seniors primarily and College Freshmen)</p> <p>Carol Dweck has written and spoken extensively on "The Growth Mindset"</p> <p>https://www.youtube.com/watch?v=hiiEeMN7vbQ</p> | <p>Summer Development 2-3 x per week & S&Q development, top players train with u20 and part of the player pool of u20 league and US Amateur Cup</p> <p>-light Fall due to high school: 1 x bi-weekly, pick up heavy after high school 3 times per week minimum, November/ December showcase, (Disney??) Spring EDP league 1, Region 1, Showcases. Peak season is SPRING.</p> | <p>July (NY Cup) Aug (Annandale Premier Cup) Sept (Disney Qualifier)</p> <p>Nov- EDP Fall Showcase</p> <p>December: Dallas Showcase or Disney??</p> <p>Feb 2019 Our hosted tournament: 2nd annual Capital Winter Showcase (Washington DC)</p> <p>- Spring Break in Scotland 2019 DCPDA "20"</p> | <p>Head Coach, Whitney Minnis</p> <p>Assistant Coach, Michael Elfman</p> |

- **Entry into the New York Showcase (400 College Coaches) - July**
- **Entry into August Cup - August**
- **Entry into EDP Fall and Spring Showcases**
- **Guaranteed entry into the Sport Source winter College ID and showcase tournament. (Dallas TX, December 1st - 3rd)- Over 250 colleges looking for players attended in 2016.**
- **Apply to entry at some of the nation's top domestic tournaments including: Annandale Premier Cup, SURF Cup, Disney Showcase Qualifier. All tournaments listed above are tournaments we have played in previously within the last 2 years.**

How do I register for tryouts?

Visit the www.dcpda.com website to register for tryouts. There is no cost to tryout.

Preliminary tryouts begin in early May and will continue until positions are filled. Players will be selected from Washington, DC, Maryland and Virginia.



How many players will be selected for our team?

Our goal is 18-24 per roster given our program demands. Players will be on a base team, but may move up and down from age group when it suits the player or may be of team benefit.

May I participate with another club soccer team while with the DCPDA Program?

Players may not participate in another club soccer program while a member of the DCPDA program with the exception of high school soccer. Players participating in more than one sport while playing on the team should notify their head coach. DCPDA believes in human and soccer development and does not require or recommend a player specialize in just soccer. However, it is expected that any player accepting a team position will regularly attend all practices and games. Due to league rules, dedication and demands of our level, and the commitment required, players must make DCPDA their primary club soccer program. DCPDA maintains practice attendance is the most important thing a player can do while in the program. Players are required to attend practice whether they are fit to play or not. DCPDA maintains a relationship with several medical centers on a regular basis. If a player is not attending practice, they should be at one of our medical partners' offices. The only excuse for not attending practice is for family related emergency or one is sick in bed.

What is the commitment?

Trials will begin in May. Once a player has accepted a position with the team, we ask he join the team for as many remaining trials as possible. The general schedule is presented in the table above.

Where will the teams train and play home games?

Both training and home games will primarily take place in of Washington, D.C., In and around NE (Brookland), NW and SW (near Nat's Park) Washington, DC neighborhood and one day per week in NW Washington, D.C. Our training and game fields are within a 10 minute drive of the current RFK stadium. Practice and game facilities are located in Washington, D.C. We will practice mostly on turf fields, but may on occasion train on grass.

When and where are the practices?

In peak season we will practice 3 times per week. Either Tue/Wed/Thur or Tue, Thur, Saturday. Mondays will always be an OFF day. Wednesday will be open for games and practices. Our practices will be in the vicinity of Capitol Hill, Brookland and Northwest, Washington, DC and generally Metro accessible. Practices locations are dependent upon our allocation of space from the Department of Parks and Recreation. This allocation changes year to year.

Other trainers. We will soon announce other specialist trainers who impact other areas of expertise including speed, goalkeeping, and sports science.

DCPDA may call in high level coaches or guest trainers during the season from other areas of sports performance including track and field, nutrition, and sports performance whom we believe will benefit the player.



DCPDA need based soccer scholarship program: basis: Child Nutrition Programs; Income Eligibility Guidelines, Effective through June 30, 2018 source: Department of Agriculture

| Household Size | 100% Federal Poverty Guidelines - SCHEDULE A | 130% of Poverty Level (Qualifies for Free Meal Program) SCHEDULE B | 185% Poverty Level (Qualifies for Reduced Meal Program) SCHEDULE C | 250% of Poverty Level SCHEDULE D | 300% of Poverty Level SCHEDULE E |
|---------------------------------|--|--|--|----------------------------------|----------------------------------|
| Max financial aid award | (30%) SCHEDULE A | (20%) SCHEDULE B | (15%) SCHEDULE C | (10%) SCHEDULE D | (5%) SCHEDULE E |
| 1 | \$12,060 | \$15,678 | \$22,311 | \$30,150 | \$36,180 |
| 2 | \$16,240 | \$21,112 | \$30,044 | \$40,060 | \$48,720 |
| 3 | \$20,420 | \$26,546 | \$37,777 | \$51,050 | \$61,260 |
| 4 | \$24,600 | \$31,980 | \$45,510 | \$61,500 | \$73,800 |
| 5 | \$28,780 | \$37,414 | \$53,243 | \$71,950 | \$86,340 |
| 6 | \$32,960 | \$42,848 | \$60,976 | \$82,400 | \$98,880 |
| 7 | 37, 140 | \$48,282 | \$68,709 | \$92,850 | \$111,420 |
| 8 | \$41,320 | \$53,176 | \$76,442 | \$103,300 | \$123,960 |
| for each additional person, add | \$4,180 | \$5,434 | \$7,733 | \$10,450 | \$12,540 |
| Club Fee | \$2,100.00 | \$2,100.00 | \$2,100.00 | \$2,100.00 | \$2,100.00 |
| - max award | \$630.00 | \$420.00 | \$315.00 | \$210.00 | \$105.00 |
| owed to DCPDA | \$1,470.00 | \$1,680.00 | \$1,785.00 | \$1,890.00 | \$1,995.00 |
| deposit required | \$350.00 | \$400.00 | \$425.00 | \$450.00 | \$475.00 |
| payment #1 (July) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |
| payment #2 (Aug) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |
| payment #3 (Sept) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |
| payment #4 (Oct) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |
| payment #5 (Nov) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |
| payment #6 (Dec) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |
| payment #7 (Jan) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |
| payment #8 (Feb) | \$140 | \$160.00 | \$170.00 | \$180.00 | \$190.00 |



Why should my son participate in DCPDA?

The DCPDA philosophy is to make every participant a better player. The expertise, knowledge, experience, insight, pathways to the collegiate, domestic professional and European levels to is second to none. DCPDA offers an avenue of competition and player identification beyond that of the limits of any club in Washington, D.C. Our players are currently collegiate, international, Olympic Development Program (ODP) and some have moved on to USSDA MLS academy programs. **The DCPDA Core Values:**

Learning to Play, Playing to Learn



What is the cost to participate?

The cost to participate in the 2017 program is \$2,100 for the 2018-2019 season. Acceptance registration and Includes initial non refundable deposit of \$500.00 (required to hold your spot). Then afterwards, monthly payments of \$200 until your balance is paid in full. Payments are to be made through our system portal automatically and due by the 5th of each month. after the 15th of the month a \$35 late fee is applied. This fee does not include the cost of gear, travel and food, and specialty camps with Celtic Football Club (Glasgow).

NOTE: DCPDA has a set aside for players selected to any MD or VA ODP program at the state level (e.g. making the state ODP team). The set aside for the 2018-2019 season will depend on the number of players selected to the state teams. The set aside could cover some or all of a players state ODP fees with the exception of international trips.

DCPDA offers a need-based scholarship program (see schedule) and a hardship (full) scholarship program. To receive a hardship scholarship the player has to demonstrate excellence on and off the field and in a hardship circumstance. To receive a hardship scholarship the athlete must be a good student in school. Hardship scholarships require acceptance into the program for a probationary period of 60 days and 2 references/



recommendations are needed. Should the player meet all the terms during the first 60 days, the hardship scholarship is granted. If the player fails to meet the requirements of the scholarship the player is removed from the program. ALL financial scholarships require documentation and proof of income.

Your fees include:

Website
Team Equipment
Referee Game Fee
Referee Assignor Fee
Coaching Fees
Trainer Fee
Tryout sessions
Field Rental Fees (practices and games)
League Registration Fee
Celtic (Glasgow) International Partnership
2 DCPDA players to train at Celtic Park (Glasgow)
Tournament Entry Fees
Tournament Hosting Fees (Capital Winter Showcase. Feb 2019)
Insurance
Game Filming (of selected games)
Registrar
Club Administration
League/Club Website
In-house Training Camps
Regional Administrator
ODP Scholarship fund (a DCPDA exclusive)
Player Evaluation
Hudl (or equivalent) film platform to create your bios
College recruiting services (in-house)
Personal Training sessions (as needed)

• **NO PRICE CHANGE FROM THE 2017- 2018 SEASON.**



What uniforms will the DCPDA teams use?

We are sponsored by New Balance aka (also the sponsor to Celtic Football Club and Liverpool FC). We believe NB provides the consistent high level performance wear at every level.

Required items: Home/Away Kit, Training top, Polo.

Home Kit (Worn to games)



Away Kit (Worn to games)



Warm- up/pre- game, photo, travel



Items worn to training:



Goal Keeper Game Gear





GK Training Gear



home /away kit and training gear =approximately \$200
Mandatory Items: uniform. practice gear and polo = approximately \$200
Optional: sweat suit, back pack, winter jacket, rain jacket





What type of player are you looking for at a DCPDA tryout?

u13: This player should be ready for travel soccer and/or looking for a new experience, have some travel experience, a recreational level all-star, a great attitude, love of the game and great character. A player who wants to grow and develop.

u15: This player should be ready for travel soccer and/or looking for a new experience, have some travel experience, a recreational level all-star, a great attitude, a growth mindset, love of the game and great character. A player who wants to grow and develop.

u17: This player should have travel and or high school experience, a growth mindset, verbalized ambition to play in the collegiate and or professional level. A player who wants to grow and develop.

u19: This player should have travel soccer or high school experience, a growth mindset, a verbalized ambition to play in college and or the professional level. A player who wants to grow and develop.

What if my son doesn't make the team and wants to participate in the training?

DCPDA will provide additional training opportunities to all players not selected.

Any questions about the program can also be directed to Director/Head Coach Whitney Minnis on 202-280-2080 or via email to whitneym@dcpda.com.



Some DCPDA 2015 Regional selections @ Regional Camp - 100% of THESE players are playing collegiate 2017, in Europe 2017, or will play collegiate Fall 2018.



All of these ODP players were coached and trained by Coach Whitney Minnis. 3 players were Region 1 pool players. Four players pictured here made the Virginia state ODP teams.



2015 Super Y pregame picture @ Ironbound SC (NJ - NATIONAL FINALIST



Head Coach Whitney Minnis with 2015 Super Y Regional Team



First DCPDA competitive tournament. We are champs! u11 boys

From the youth above to the men below



Marcelus selected to youth academy in Spain , 2017-2018. In our program 8 years. From NCSL Div 6. Made ODP State "A" team and Region 1 pool. Playing summer DCPDA u20 Elite



Rudy accepts scholarship offer to Howard University (NCAA D1) in March of 2018. Playing summer DCPDA u20 Elite



Jake at Longwood Lancers (NCAA Div 1) 2017- with the training/development program for 8 years. From NCSL Div 6 to ODP VA State "A" team and Region 1 pool.



More 2017 - 2018 Success Stories....



This is Barry. Slated to go to Celtic FC (Glasgow) Academy for a youth trial and training in 2018.



My first D-1 soccer commit from Wilson H.S. This is Theo on his signing day (February 2018) who accepted an offer to play and study at William & Mary University. Played with me for 2 years.



Tommy pictured above in 2018 accepted a spot with American University (NCAA - D1) and made the DC United u23 team to play summer 2018.

**YOUR
STORY
HERE.....**